## **PUBLIC HEALTH (PUH)**

**PUH 1135 Mental Health First Aid.** (Formerly 135) This course will provide students the opportunity to learn basic concepts and strategies of a mental health first-aider including the ability to identify, understand, and respond to signs of mental illnesses and substance use disorders. 1 semester credit hour/s.

Campus: LISLE (Typically Offered: Fall and Spring Terms)