

PHYSICAL EDUCATION (PHED)

PHED 2240 Teaching Team Sports and Activities. (Formerly 240)

This course is designed to provide knowledge and understanding of instructional methods and organization in team activities. An emphasis will be placed on strategies to adapt or maximum student participation. 2 semester credit hour/s.

Campus: LISLE (Typically Offered: Fall Term)

PHED 2241 Teaching Individual Sports and Activities. (Formerly 241)

This course is designed to provide knowledge and understanding of instructional methods and organization in individual activities. An emphasis will be placed on strategies to adapt for maximum student participation. 2 semester credit hour/s.

Campus: LISLE (Typically Offered: Spring Term)

PHED 2243 Teaching Basic Dance and Rhythms. (Formerly 243) This course provides instructional strategies in the creative use of rhythms and dance in physical education. 2 semester credit hour/s.

Campus: LISLE (Typically Offered: Fall and Spring Terms)

PHED 2249 Drugs in Society. (Formerly 249) This course presents general and specific knowledge of the use and abuse of substances. This includes substance effects, dependence, habituation, addiction, abuse, classification of abused drugs, treatment of alcoholism, and drug addiction. 3 semester credit hour/s. Department Consent Required.

Campus: LISLE (Typically Offered: Fall Term)

PHED 2260 First Aid and CPR. (Formerly 260) This course provides instruction in first aid, safety, cardiopulmonary resuscitation (CPR), and the use of AED. Certification in First Aid and CPR will be available through the American Red Cross. 2 semester credit hour/s.

Campus: LISLE (Typically Offered: Spring Term)

PHED 3111 Invasion/Territory Games. In this course, student learn methods of teaching Invasion/Territory Games to students in K-12 physical education classrooms. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 1 semester credit hour/s.

Campus: LISLE (Typically Offered: Periodically)

PHED 3222 Striking and Fielding Games. In this course, student learn methods of teaching Striking and Fielding Games to students in K-12 physical education classrooms. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 1 semester credit hour/s.

Campus: LISLE (Typically Offered: Periodically)

PHED 3258 Health Education. In this course students learn effective strategies for teaching K-12 physical education. Methods of planning lessons, delivering instruction, assessing learning, and classroom management are discussed and demonstrated. Students will demonstrate development of the identified skills by teaching lessons on the topics of health and fitness. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 3 semester credit hour/s.

Campus: LISLE (Typically Offered: Fall and Spring Terms)

PHED 3300 Physical Education for Special Populations. (Formerly 300)

This course prepares the physical educator to adapt and modify activities to encourage integration of exceptional children into regular physical education classes. Prerequisite: EDUC 2260. 3 semester credit hour/s.

Campus: LISLE (Typically Offered: Spring Term)

PHED 3308 Administration of Physical Education. (Formerly 308)

This course provides administrative concepts and application to physical education programs with an emphasis on leadership, program management, program evaluation, personnel, facilities, budgeting, and curriculum. Emphasis will be placed on current research and current program assessment techniques. 3 semester credit hour/s.

Campus: LISLE (Typically Offered: Fall Term)

PHED 3320 Physical Education Curriculum Design. (Formerly 320) this course will focus on the development and integration of a team building program into the overall school curricula. 3 semester credit hour/s.

Designation: Writing Intensive

Campus: LISLE (Typically Offered: Fall Term)

PHED 3333 Target and Net/Wall Games. In this course, student learn methods of teaching Target and Net/Wall Games to students in K-12 physical education classrooms. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 1 semester credit hour/s.

Campus: LISLE (Typically Offered: Periodically)

PHED 4001 PE Methods: Movement Skills and Patterns. In this course students learn effective strategies for teaching K-12 physical education. Methods of planning lessons, delivering instruction, assessing learning, and classroom management are discussed and demonstrated. Students will demonstrate development of the identified skills by teaching lessons on the topics of learning new movement skills and patterns. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 3 semester credit hour/s.

Campus: LISLE (Typically Offered: Periodically)

PHED 4002 PE Methods: Movement Strategies and Tactics. In this course students learn effective strategies for teaching K-12 physical education. Methods of planning lessons, delivering instruction, assessing learning, and classroom management are discussed and demonstrated. Students will demonstrate development of the identified skills by teaching lessons on the topics of movement strategies and tactics. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 3 semester credit hour/s.

Campus: LISLE (Typically Offered: Periodically)

PHED 4003 PE Methods: Physical Activity Values and Behaviors. In this course students learn effective strategies for teaching K-12 physical education. Methods of planning lessons, delivering instruction, assessing learning, and classroom management are discussed and demonstrated. Students will demonstrate development of the identified skills by teaching lessons on the topics of learning physical activity values and benefits. Learning objectives are aligned with the teacher standards designated by SHAPE America and the Illinois Board of Education. 3 semester credit hour/s.

Campus: LISLE (Typically Offered: Periodically)