

ALLIED HEALTH - NUTRITION, BACHELOR OF SCIENCE

College: College of Science and Health
Department: Nutrition and Public Health
Student Type: Traditional Undergraduate
Degree: Bachelor of Science
Campus: Mesa Campus

Requirements - Major

The B.S. in Allied Health - Nutrition major must complete 51 hours, with a "C" or better in the following major requirements:

Code	Title	Hours
CHEM 1101 & CHEM 1102 or CHEM 1113 & CHEM 1114 & CHEM 1123 & CHEM 1124	Introduction to Chemistry and Introduction to Chemistry Laboratory General Chemistry I and General Chemistry I Laboratory and General Chemistry II and General Chemistry II Laboratory	4
CHEM 1103	Introduction to Organic Chemistry	2
CHEM 1104	Introduction to Organic Chemistry and Biochemistry Laboratory	1
CHEM 1109	Introduction to Biochemistry	2
BIOL 1157 or BIOL 3216	Introductory Anatomy & Physiology I Human Anatomy and Physiology I	4
BIOL 1158 or BIOL 3217	Introductory Anatomy & Physiology II Human Anatomy and Physiology II	4
PSYC 1100	Survey of Psychology	3
PSYC 2250 or MATH 1150 or BALT 1150	Basic and Applied Statistics Introduction to Statistics Business Statistics I	3
Total Hours		23

Required Nutrition Foundation Courses with a "C" or better:

Code	Title	Hours
NUTR 2200 or NUTR 2201	Nutritional Science Nutrition in Health and Exercise	3
NUTR 3244	Food Science	3
NUTR 2245	Food Science Laboratory	1
NUTR/HLED 2280	Community Health and Nutrition Programs	3
NUTR 4300	Nutrition Aspects of Disease	4
NUTR 4459	Nutrition Capstone	2
HLED 3271	Health Education Planning	3
HLED 4394	Health Research Methods and Program Evaluation	3
Any NUTR/HLED/BIOL/CHEM/PSYC/PBHL/MGT 3000 level + courses		6
Total Hours		28

Meeting the above major requirements also satisfies the following General Education requirements:

Engaged Learning, two NUTR Writing Intensive courses, QPS, QLS, QIO, and QCM.

Mission of the Allied Health - Nutrition Major

The undergraduate Allied Health – Nutrition program provides and promotes a high-quality education in preparation for a graduate degree in Nutrition, Public Health, or even Dietetics (in a combined program including an internship). The program provides learners with evidence-based comprehensive knowledge and applications of areas such as nutritional science, food science, and health to provide a basis for acceptance into various graduate degree programs. A student pursuing a degree or major in Allied Health – Nutrition cannot earn a degree or major in Nutrition and Dietetics. A student may earn a double major in Allied Health – Nutrition and Health Education and Promotion.

Acceptance into the degree program requires students to complete CHEM 1101 Introduction to Chemistry/CHEM 1102 Introduction to Chemistry Laboratory and CHEM 1103 Introduction to Organic Chemistry/CHEM 1104 Introduction to Organic Chemistry and Biochemistry Laboratory/CHEM 1109 Introduction to Biochemistry with a grade of "C" or better in each of these courses and receive no more than a total of 2 "W", "D", or "F" grades in these courses.

Objectives

Students in the Mesa Allied Health - Nutrition major will achieve the following student learning outcomes (SLO):

Student Learning Outcome 1: Demonstrate critical thinking skills in application of research for informed practice.

University SLO 2: Critical & Creative Thinking Skills

Student Learning Outcome 2: Demonstrate effective communication and nutrition education skills.

University SLO 3: Communication Skills

Student Learning Outcome 3: Demonstrate food and nutrition science understanding for practice skills.

University SLO 2: Critical & Creative Thinking Skills