

# BENEDICTINE BEGINNINGS (BENB)

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**BENB 95 Bridge to Success.** The Bridge to Success program is designed to help incoming freshmen who may need additional academic support or opportunities to build confidence and prepare for the challenges of college learning. This week-long program combines instruction and hands-on learning activities in writing, math and study skills with career exploration and personal leadership development activities to help students prepare academically, encourage them to get involved in campus life and engage them in career development functions. Invitation by referral. Pass/Fail grading. 0 semester credit hour/s. Department Consent Required.

**Campus:** LISLE (Typically Offered: Summer Term)

**BENB 96 Achieving Academic Success: A Study Skills Course.** This course is intended to provide students with the skills they need to achieve academic success. The objectives of the course are to 1) explore academic issues that often interfere with student success and introduce you to strategies that will improve academic performance and 2) connect you to campus services and resources that will support your long-term goals. Pass/Fail grading. 0 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 0.

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA (Typically Offered: Fall and Spring Terms)

**BENB 98 First Semester Freshman Seminar.** A mandatory course designed to provide incoming freshmen with the skills necessary to be successful in a problem-based, lecture-free course model and the college environment as a whole. The class will consist of hands-on exercises, visiting speakers and discussion topics relating to student experiences in the classroom. Instruction will also be provided on the classroom technology being used on campus as well as the learning management system. Transfer students have the option of registering for this course. Pass/Fail grading. 0 semester credit hour/s.

**Campus:** MESA

**BENB 99 Benedictine Beginnings-Freshmen Success Seminar.** Mandatory 6 week seminar for all first year freshmen who are placed on academic probation. Students will examine classroom success strategies, participate in self exploration exercises, develop an understanding of University expectations, explore campus resources and practice effective communication techniques. A framework will be built for future success not only as a student, but as a member of the Benedictine Community. Pass/Fail grading. 0 semester credit hour/s. Department Consent Required.

**Campus:** LISLE (Typically Offered: Spring Term)

MESA

**BENB 1100 Benedictine Beginnings.** (Formerly 100) New Student Orientation 0 semester credit hour/s.

**Campus:** LISLE

**BENB 1101 Benedictine Beginnings.** (Formerly 101) First-Year Experience. Required of all traditional First-Year students 0 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

MESA (Typically Offered: Fall Term)

**BENB 1110 Navigating College Life.** First-Year Experience. Required of all traditional First-Year Mesa Campus students. A mandatory course designed to provide incoming freshmen with the skills necessary to be successful in the college environment, both in and outside of the classroom. The class will consist of hands-on exercises, discussion topics, and written reflections exploring success strategies through the lens of the Benedictine Hallmarks. Instruction will also be provided on the classroom technology being used on campus, as well as the learning management system. 1 semester credit hour/s.

**Campus:** MESA