

# PSYCHOLOGY

## Programs

- Psychology, Bachelor of Arts (<http://catalog.ben.edu/lisle-undergraduate/academic-programs/psychology/psychology-ba/>)
- Psychology, Minor (<http://catalog.ben.edu/lisle-undergraduate/academic-programs/psychology/psychology-minor/>)

## Courses

**PSYC 1100 Survey of Psychology.** (Formerly 100) Overview of the field; principles and general methodology; concepts, theories and research, applicability to modern living. Individuals, Organizations, and Societies. IAI S6900 3 semester credit hour/s.

**Designation:** Individuals, Organizations, and Societies (QIO)

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 1195 Research Practicum.** (Formerly 195) Participation in ongoing departmental research. Department Consent Required. Course Repeatable. Maximum number of units allowed 6 1-3 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 6. Department Consent Required.

**Campus:** LISLE (Typically Offered: Fall, Spring, and Summer Terms)

MESA

**PSYC 2200 Developmental: Childhood and Adolescence.** (Formerly 200) Behavioral and social analysis of human development from birth through adolescence. Prerequisite: PSYC 1100. IAI S6904 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

MESA

**PSYC 2201 Growth and Development.** (Formerly 201) A study of the physical, psychosocial, and cognitive growth and development characteristics of the individual across the life span from before birth to death. Some focus is given to the common problems of each stage of development. 3 semester credit hour/s.

**Designation:** Individuals, Organizations, and Societies (QIO)

**Campus:** LISLE (Typically Offered: Periodically)

MESA (Typically Offered: Periodically)

**PSYC 2202 Developmental: Adulthood.** (Formerly 202) Biopsychological, psychosexual and social cognitive development from young adulthood through aging, to dying and death. Prerequisite: PSYC 1100. IAI S6905 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

MESA

**PSYC 2204 Survey of Exceptional Children.** (Formerly 204) Survey of the historical, legal, and philosophical foundations of special education. The primary focus will be on children with disabilities, but will also include at-risk children. Course work will include the categories of exceptionality as identified by federal law, Individuals with Disabilities Education Act and the Illinois State Board of Education, etiological factors, the disability characteristics, and collaborative/intervention strategies to address their needs. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

MESA

**PSYC 2210 Social Psychology.** (Formerly 210) How social influences affect the individual and group. Attitudes, attribution and prejudice. PSYC 2210 and SOCL 2210 are cross-listed. Individuals, Organizations, and Societies. IAI S8900 3 semester credit hour/s.

**Designation:** Individuals, Organizations, and Societies (QIO)

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 2220 Personality.** (Formerly 220) Theories of personality; process and analysis of personality development and adjustment and discussion of the influence of theories on the practice of psychotherapy. Prerequisite: PSYC 1100. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

MESA

**PSYC 2241 Educational Psychology.** (Formerly 210/241) The purpose of this course is to show individuals how educational psychology can improve their all-important role as an educational decision maker. In this course students will explore various theoretical perspectives and research findings on how students develop throughout the elementary and secondary years, how they differ from one another in ways that affect their classroom performance, how they learn most effectively, what things motivate them, and how their learning and achievement can best be measured and evaluated. Prerequisite Main Campus: Checkpoint 1 – Pre-Admission to TEP; 30 or more credit hours; or department approval 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Spring Term)

**PSYC 2245 Alcohol Problems and Alcoholism.** (Formerly 245) Introductory course regarding the effects of alcoholism on the individual, family and society. Examines concerns related to the identification, treatment and prevention of alcoholism in the United States. Students may not earn credit in both PSYC 2245, and SOCL 2245. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Spring Term)

MESA

**PSYC 2250 Basic and Applied Statistics.** (Formerly 250) Acquaints students with descriptive statistical techniques (including measures of central tendency and variability, correlation, regression and large and small sample estimation) as well as inferential statistical procedures (t, z and ANOVA designs, nonparametric tests and multiple regression). Focus will be on how these statistical procedures can be directly applied to real-life situations. Prerequisite: "C" or better in MATH 1105, MATH 1108 or MATH 1110. Students may not earn credit in both CJUS 2250, PSYC 2250, and SOCL 2250. 3 semester credit hour/s.

**Designation:** Computational, Mathematical, and Analytical (QCM)

**Campus:** LISLE (Typically Offered: Fall, Spring, and Summer Terms)

MESA (Typically Offered: Periodically)

**PSYC 2252 Research Practicum.** (Formerly 252) Goal of the course is to develop the student's research skills in a particular field (Psychology, Sociology or Criminal Justice) by involving him/her in an actual research project under the direction of a faculty member. Students will meet with the instructor on a regular basis and will write both a preliminary proposal and final paper in APA style, the latter to include identification of the subject of the study, a review of the literature, statement of a working hypothesis, construction of necessary operational definitions, delineation of variables, a description of the population (and sample) and statistical tests if appropriate. Prerequisite: Successful completion of basic skills courses. 3 semester credit hour/s. Department Consent Required.

**Designation:** -

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

**PSYC 2260 Introduction to Industrial/Organizational Psychology.** This course provides an overview of the primary concepts and theory in industrial and organizational psychology, with an emphasis on understanding human behavior in organizations and the workplace. Concepts such as motivation, leadership, employee training and recruitment, techniques for assessing and supporting employee performance, work/life balance, and the various mechanisms that influence employee motivation and attitudes, among other areas, will be discussed. During the course, students will experience a variety of topics, concepts, and principles relevant to understanding and improving people at work. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Periodically)

**PSYC 2270 Marriage and the Family.** (Formerly 270) Family system and its changing relationships to contemporary society. Structures, value orientation and personality patterns, role and status interrelationships. Cross listed as PSYC 2270/SOCL 2270. Prerequisite: SOCL 1100. Students may not earn credit in both PSYC 2270, and SOCL 2270. IAI S7902 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Annually)

**PSYC 2290 Introduction to Art Therapy.** (Formerly 290) This introductory course provides an overview of the field of art therapy and its application in various settings and populations 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

**PSYC 2291 Selected Topics.** (Formerly 291) Relevant to the needs and interests of the psychology major. 1-3 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 15.

**Campus:** LISLE (Typically Offered: Periodically)

MESA (Typically Offered: Periodically)

**PSYC 2298 Research Methods.** (Formerly 298) Completion of the first part of an original research design. Prerequisite: PSYC 2250 or MGT 2251 and admission into the BA in Organizational Leadership Program. 3 semester credit hour/s.

**Campus:** LISLE

**PSYC 2400 Human Sexuality.** An examination of human sexuality from a variety of psychosocial perspectives, with an emphasis on biological, psychological and cultural aspects. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Spring Term)

MESA (Typically Offered: Spring Term)

**PSYC 3298 Creative Process as Art Therapy.** (Formerly 298) This course implements concepts from art therapy and related fields to explore the nature of the creative process itself, utilizing various techniques to enhance artistic self-expression and release creative potential. Students may not earn credit in both ARTH 3298 and PSYC 3298. 3 semester credit hour/s.

**Designation:** Artistic and Creative (QCA)

**Campus:** LISLE

**PSYC 3300 Abnormal Psychology.** (Formerly 300) Dynamics of personality disorders, etiology, diagnosis, treatment and prognosis in neurotic and psychotic behavioral disorders. Discussion of case studies. Prerequisite: PSYC 1100 and Junior/Senior status. 3 semester credit hour/s.

**Designation:** Writing Intensive

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 3302 Psychotherapy.** (Formerly 302) Survey of theories and techniques of individual and group psychotherapies. Concepts and methods of evaluating therapeutic interventions. Prerequisite: PSYC 3300. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall Term)

MESA

**PSYC 3310 Social, Psychological and Cultural Aspects of Aging.** (Formerly 310) This course examines various psychological and sociological aspects which impact the aging process. An analysis of the individual and society, changes in social roles and status, intergenerational relationships, sociocultural differences, and intrapsychic dynamics will be explored. Psychology Core Elective. Students may not earn credit in both PSYC 3310, and SOCL 3310. 3 semester credit hour/s.

**Designation:** -

**Campus:** LISLE (Typically Offered: Fall Term)

**PSYC 3314 Learning and Cognition.** (Formerly 314) Lecture course on principles, theories, concepts and experimental literature in learning and cognition, with emphasis on human learning in educational settings. Prerequisite: PSYC 1100. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 3315 Learning and Cognition Lab.** (Formerly 315) Utilizes a series of computer simulation / experimental techniques to illustrate recall difference in attention, learning and memory. Lab reports in APA Style are required. Prerequisite: Co-registration in PSYC 3314. 1 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 3316 Sensation and Perception.** Lecture analysis of the role of the senses in appreciating the external world; mechanisms of sensation and perception; introduction to psychophysical measurement of thresholds and signal detection theory. Prerequisite: PSYC 1100. 3 semester credit hour/s.

**Campus:** MESA (Typically Offered: Periodically)

**PSYC 3317 Sensation and Perception Lab.** Utilizes a series of computer simulation / experimental techniques to illustrate how we perceive information as a function of the senses, threshold detection and other measures are employed. Lab reports in APA Style are required. Prerequisite: Co-registration in PSYC 3316. 1 semester credit hour/s.

**Campus:** MESA (Typically Offered: Periodically)

**PSYC 3318 Physiological Psychology.** (Formerly 318) Lecture relating neurophysiological correlates of human and animal behavior, emphasizing motivation, emotion, learning and memory processes. Prerequisite: PSYC 1100 and Junior or Senior standing. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 3319 Physiological Psychology Lab.** (Formerly 319) Utilizes a series of computer simulation / experimental techniques to illustrate important physiological mechanisms (e.g., visual and auditory processing). Lab reports in APA Style are required. Prerequisite: Co-registration in PSYC 3318. 1 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 3320 Organizational Behavior.** (Formerly 320) Overview of organizational structures and group dynamics. Examines job satisfaction, motivation, performance evaluation, decision-making and goal setting. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Fall, Spring, and Summer Terms)  
MESA

**PSYC 3344 International Criminology.** A comparison of criminology and the Criminal Justice System in the United States with that of other countries. Cross-listed as CJUS/CRIM/SOCL/PSYC 3344. 3 semester credit hour/s.

**Designation:** Global

**Campus:** LISLE (Typically Offered: Spring Term, Odd Years)

**PSYC 3350 Systems and Theories.** (Formerly 350) Historical antecedents of modern psychology; current theoretical systems. Prerequisite: Junior, senior in PSYC/SOCL program. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Periodically)

MESA (Typically Offered: Periodically)

**PSYC 3352 Research Practicum.** (Formerly 352) Goal of the course is to develop the student's research skills in a particular field (Psychology, Sociology, Criminology, or Criminal Justice) by involving him/her in an actual research project under the direction of a faculty member. Students will meet with the instructor on a regular basis and will write a scholarly paper in APA style, the latter to include identification of the subject of the study, a review of the literature, statement of a working hypotheses, construction of necessary operational definitions, delineation of variables, a description of the population (and sample) and statistical tests if appropriate, results of the study and a discussion on the results of the study. Student will present the results of the study at a scholarly meeting. Cross-listed as CRIM/CJUS/PSYC/SOCL 3352. 3 semester credit hour/s. Department Consent Required.

**Designation:** Engaged Learning

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 3354 Behavior Modification/Lab.** (Formerly 354) Focuses on basic behavioral principles and procedures. Emphasis is on the use of non-aversive techniques and applications with special needs populations children and animals. Prerequisite: Junior or senior in PSYC/SOCL program. 4 semester credit hour/s.

**Designation:** Engaged Learning

**Campus:** LISLE (Typically Offered: Fall Term)

MESA

**PSYC 3356 Clinical Practicum/Lab.** (Formerly 356) Focus is on teaching interpersonal and primary-level skills of empathy, listening, and interviewing to the introductory-level helping professional. Prerequisite: Junior or Senior in PSYC/SOCL program. Students may not earn credit in both CJUS 4356, PSYC 3356, and SOCL 3356. 4 semester credit hour/s.

**Designation:** Writing Intensive; Engaged Learning

**Campus:** MESA

**PSYC 3358 Positive Psychology Lab.** Positive Psychology Examines the scientific study of ordinary human strengths and virtues that enable individuals to flourish. This course focuses both on the research as well as the application of the research. Students learn about topics such as happiness, optimism, resilience, flow, spirituality, humor, appreciation of beauty, forgiveness, gratitude and generosity through reading, discussion, exercises and reflection. Pre-req: Junior or Senior status 4 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Spring Term)

**PSYC 3371 Death and Dying.** (Formerly 371) Dynamics of the grief process, the care of the terminally ill and the needs of survivors in the sociological and psychological context of death. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Periodically)

MESA

**PSYC 3373 Group Processes.** (Formerly 373) Introduces theory and components of group process. Opportunities to participate in functioning groups for decision making and practicing of newly developed skills. Prerequisite: SOCL 3356. Students may not earn credit in both PSYC 3373 and SOCL 3394. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Periodically)

MESA

**PSYC 3391 Topics.** (Formerly 391) Relevant topics according to the needs and interests of psychology majors. 1-3 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 15.

**Campus:** LISLE (Typically Offered: Periodically)

MESA

**PSYC 3399 Independent Study.** (Formerly 399) Provides opportunity for advanced majors to complete requirements of psychology course on their own. 3 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 15. Department Consent Required.

**Campus:** LISLE (Typically Offered: Periodically)

**PSYC 4333 Advanced Abnormal Psychology.** (Formerly 333) Course prepares students who want to pursue clinical work by examining the most common psychological disorders from both a diagnostic perspective as well as a humanistic perspective. Students will sharpen diagnostic skills by examining the DSM as it applies to case studies. Additionally, students will enhance their ability to understand psychological disorders from the human perspective by reading patient memoirs, interviews and discussion. Pre-requisite: PSYC 3300. 3 semester credit hour/s.

**Campus:** LISLE (Typically Offered: Spring Term)

**PSYC 4351 Research Methods in the Social Sciences.** An analysis of various theoretical approaches to the study of social sciences as well as discussion and completion of the first two chapters of an original research design. Prerequisite: PSYC 2250 or SOCL 2250 or CJUS 2250 and Junior/Senior status. Students may only earn credit in one of the following: CJUS 4351, PSYC 4351, SOCL 4351. 3 semester credit hour/s.

**Designation:** Writing Intensive

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 4389 Organizational Leadership Capstone.** (Formerly 389) Completion of an original research design. Prerequisite: PSYC 2298; Admission to the B.A. in Organizational Leadership program. 3 semester credit hour/s.

**Designation:** Writing Intensive; Engaged Learning

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

**PSYC 4395 Senior Thesis.** (Formerly 395) Completion of an original research project under faculty supervision, involving either an original survey design, case study, qualitative study, content analysis, or experimental analysis. Prerequisite: CJUS/SOCL/PSYC 4351 and senior status. Students who are double majoring can earn credit in any two of the following courses: CRIM 4395, PSYC 4395, SOCL 4395. Repeatable for up to 6 credits for students double majoring in two of PSYC/SOCL/CJUS/CRIM. Engaged Learning. 3 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 6. Department Consent Required.

**Designation:** Engaged Learning

**Campus:** LISLE

MESA

**PSYC 4397 Psychology Internship.** (Formerly 397) Supervised instruction in an on- or off-campus setting related to student's interest in psychology. Prerequisite: PSYC 3356, and a G.P.A. of 3.0 or better, consent of department chair and field placement director prior to the 10th week of the semester preceding the internship. 3-6 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 6. Department Consent Required.

**Designation:** Engaged Learning

**Campus:** LISLE (Typically Offered: Fall and Spring Terms)

MESA

**PSYC 4398 Life Span Services Internship.** (Formerly 398) Supervised experience in an off-campus assisted/independent living setting. Each semester. Prerequisite: SOCL 3356, and a GPA of 3.0 or better, consent of the program director and field placement director prior to the 10th week of the semester preceding internship. 3-6 semester credit hour/s. Department Consent Required.

**Designation:** Engaged Learning

**Campus:** LISLE (Typically Offered: Periodically)

## Faculty

**Jane Boumgarden (1987), M.S.W., A.C.S.W., L.C.S.W.**

Psychology

Associate Professor, Psychology

M.S.W. The Ohio State University

B.S. Michigan State University

**Kristin Clifford (2015), Psy.D.**

Psychology

Assistant Professor, Psychology

PsyD. 2014 Adler School of Professional Psychology

M.A. 2013, Adler School of Professional Psychology

B.A. 2003, North Central College

**James Davis (2016), Ph.D.**

Psychology

Associate Professor, Psychology

Ph.D. 2012, DePaul University

M.A. 2005, Humboldt State University

B.A. 2003, Humboldt State University

**Carolyn Liesen (2022), Ph.D.**

Psychology

Assistant Professor, Psychology

Ph.D. 2019, Human Ecology, University of Wisconsin-Madison

M.S. 2016, Human Ecology, University of Wisconsin-Madison

B.A. 2013, Psychology, Saint Louis University

**Dianne R. Moran (1986), Ph.D., L.C.P.C.**

Program Director, Psychology

Associate Professor, Psychology

Ph.D. 1988, University of Notre Dame

M.A. 1984, University of Notre Dame

B.A. 1979, University of Illinois at Chicago

**Brian G. Patterson (2007), Ph.D.**

Department Chair, Psychology

Associate Professor, Psychology

Ph.D. 2007, DePaul University

M.A. 2003, DePaul University

B.A. 1990, University of Mount Union

**Patricia Somers (2013), Ph.D., L.C.P.C.**

Psychology

Assistant Professor, Psychology

Ph.D. Walden University

M.A. 1994, Liberty University

B.A. 1969, University of Illinois, Champaign