

NUTRITION AND FOOD SCIENCES, MINOR

Requirements – Minor in Nutrition and Food Sciences

Students seeking the Nutrition and Food Sciences minor must complete, with a grade of “C” or better:

Code	Title	Hours
Select one of the following:		4-8
BIOL 1155	Anatomy and Physiology	
BIOL 1157 & BIOL 1158	Introductory Anatomy & Physiology I and Introductory Anatomy & Physiology II	
BIOL 3258	Human Physiology	
NUTR 2200	Nutritional Science	3
or NUTR 2241	Nutrition through the Life Cycle	
NUTR 3300	Nutrition and Health Aspects of Disease	4
Select at least six credits of the following: ¹		6
NUTR 2220	Mediterranean Diet: Relationship to Health and Culture	
NUTR 2245	Food Science Laboratory	
NUTR 2364	Food Systems and Policy	
NUTR/HLED 2280	Community Health and Nutrition Programs	
NUTR 2298	Cultural Foods	
HLED 3271	Health Education	
Total Hours		17-21

¹ That are not redundant of major requirements.

At least six credit hours of a minor must be completed at the 3000 level or above.

Most NUTR courses require prerequisites, which necessitate proper course sequencing. Depending on which courses are selected, there may be additional cognate requirements. It is highly recommended that you consult with your advisor in the Department of Nutrition about course choices and progression.

This minor is open to students pursuing a major in Health Education and Promotion, and any other major outside of the Department of Nutrition.