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MASTER OF SCIENCE (M.S.) IN CLINICAL PSYCHOLOGY

College: College of Liberal Arts Department: Psychology Student Type: Graduate Semester Degree: Master of Science (M.S.)

Campus: Lisle Campus

Introduction

If you are making a commitment to professional training, it is a significant life decision. It takes more to become a successful clinical counselor than any college or university can teach you. Beyond the textbooks and assessments, individuals must dedicate themselves willingly to human service. It should be noted that the work of a counselor requires a variety of interpersonal and attitudinal skills. Some of these skills can be taught and are cultivated in the program. Other important traits associated with being a counseling professional include, but are not limited to, carrying a curious and respectful demeanor toward others, offering respect to others, being open to feedback and bringing tolerance and temperance to learning and to relationships. These are considerations that are relevant in planning a career as a counselor. Self-reflection and self-understanding will go a long way in assisting the prospective student in finding the right career fit.

Anyone entering the field of clinical counseling also must understand that despite the expertise of the counselor, or the advances in available treatment, the accessible knowledge and wisdom in the profession will always fall short of public hope and expectation. This fosters a healthy modesty about the value and power of this helping profession. But it also makes it essential that counselors maintain a willingness to learn, develop and hold themselves with both the competence and the courage they will need to act upon the wisdom their experiences have afforded them.

Overview

For more than 35 years, the Clinical Psychology program at Benedictine University has been preparing students for careers in counseling, psychotherapy, mental health services and social services for all age groups. The Clinical Psychology program consists of academic and professional education that emphasizes client-centered skill training. However, care is taken to introduce students to a variety of theoretical orientations. Extensive field experience in mental health settings is also an essential part of the requirements. The curriculum provides all the courses that the state of Illinois requires of applicants to take the licensing examinations. This includes both the Licensed Professional Counselor (LPC) examination and the Licensed Clinical Professional Counselor (LCPC) examination. The program also offers an excellent foundation for future doctoral study. With a superior reputation for preparing students for the workforce, our graduates are employed primarily in private practice, public mental health centers, hospitals, residential treatment facilities and social service agencies serving individuals and families.

Starting the Program

Students are admitted to Benedictine's Clinical Psychology program five times per year, at the beginning and middle of the fall and spring semesters and at the start of the summer semester. Both day and evening classes are available. A new student orientation meeting is

scheduled at the start of each semester for all new students. In addition, each new student meets with his or her academic advisor to create a curricular plan that fits the student's interests, individual commitments and responsibilities. Individual advising is then provided regularly throughout the student's academic career.

Policies

All students are required to have satisfactorily completed undergraduate courses in Introduction to Psychology, Abnormal Psychology, and a course in Statistics. At least **two** of these classes must be taken prior to being considered for admission to the program. The remaining undergraduate courses may be taken concurrently with graduate work. Recognizing that there are professional competencies and conduct not measurable by academic achievement, the graduate program and the University reserve the right to discontinue students who, in the judgment of the faculty, do not meet the standards promulgated by professional organizations in the human services field in which the student is studying.

Career Opportunities

Graduates are employed primarily in private practice and public mental health centers, hospitals, residential treatment facilities and social service agencies serving individuals, families and special clientele of various age groups. Others are in academic institutions, staff training and development or are engaged in doctoral studies.

Psychology & MCP 3+2

Students who major in psychology and who plan to complete the Master's in Clinical Psychology (MCP) program at Benedictine can apply to the Psychology & MCP 3+2 program. High school seniors will apply to the Psychology & MCP 3+2 Program at the time of their admission to the University. Requirements to apply will include a high school GPA of 3.200 and one letter of recommendation from their high school psychology instructor or advisor. Applicants will be interviewed by the MCP program director in the summer before their first year to determine their suitability (maturity and motivation) for the program and the profession and will be conditionally admitted to the 3+2 program before the start of their fall semester.

Those students who are accepted to the 3+2 will then complete a psychology major, all general education requirements along with elective credits completing at minimum 90 hours by May of their junior year. Students must maintain a minimum GPA of 3.000 to remain in 3 + 2 program. Application to the graduate program will be finalized with the submission of all application materials currently required of MCP applicants (career goals, autobiographical statement, and 3 additional letters of recommendation) by February of their junior year.

Current BU psychology majors who wish to transition to the 3 ± 2 program must begin the application process and sit for an interview before the start of their junior year. They must also be on track to complete the required 90 hours of undergraduate coursework and complete the application process by the end of their junior year. Students must maintain a minimum of a 3.000 GPA to be eligible to complete the application process. Those students who have met the requirements and successfully completed the application process by May of their junior year will be formally accepted into the MCP program and will begin MCP coursework in the summer after their junior year.

Students will complete 30 credit hours of Masters-level Clinical Psychology coursework by May of their 4th year. These 30 credit hours

are taken for graduate credit as part of undergraduate degree record and will satisfy up to the final 30 hours of their undergraduate degree as elective credits. After conferral of their undergraduate degree these 30 credit hours of MCP coursework will also be transferred to their graduate degree record to count towards the MCP program. Thus, by May of their 4th year, students will have completed at minimum120 hours toward their BA degree in psychology and will have completed their first year as an MCP student. Students must apply for undergraduate graduation through MyBenU during Fall of their fourth (senior) year at the latest to graduate in Spring of their senior year. After one more year of full-time enrollment, these students will graduate with an MS in Clinical Psychology in spring or summer of their 5th year of enrollment at the University. For students that have completed more than 90 credit hours before starting their MCP coursework, they must only complete a minimum of 120 credit hours total to be considered eligible for their undergraduate psychology degree. In such cases students may apply for earlier undergraduate graduation and may apply less than 30 credit hours of Masters-level Clinical Psychology coursework towards their undergraduate degree.

Student Type: Graduate Quarter **Campus:** Lisle Campus

Students may not enter the M.S. in Clinical Psychology program on quarters after the Spring 2021 term.

Existing students should refer to original catalog of entry for appropriate academic requirements.

Degree Requirements Semester Curriculum

Organized by Licensure Category. The Clinical Psychology program requires 60 semester credit hours at minimum for graduation.

Code	Title	Hours
Group		
CPSY 6516	Group Process 1	1
CPSY 6633	Group Counseling and Psychotherapy ¹	2
Professional Prac	tice, Ethics and Law	
CPSY 6601	Professional, Ethical and Legal Issues in Counseling I	2
CPSY 6602	Professional, Ethical and Legal Issues in Counseling II ¹	1
Psychopathology		
CPSY 6603	Clinical Interviewing and DSM ¹	2
CPSY 6651	Maladaptive Behavior and Psychopathology ¹	2
CPSY 6622	Dialectical Behavior Therapy	2
Counseling Techn	iiques	
CPSY 6607	Counseling Laboratory ¹	2
Select one of the	following: ¹	2
CPSY 6560	Principles of Behavior Therapy	
CPSY 6620	Cognitive Therapy	
CPSY 6621	Brief Counseling and Psychotherapy	
CPSY 6650	Introduction to Art Therapy	
CPSY 6655	Theory and Practice of Play Therapy with Children	en
Counseling Theory		
CPSY 6629	Theory and Practice of Counseling and Psychotherapy ¹	2

CPSY 6630	Theory and Techniques of Counseling and Psychotherapy ¹	2
Career Counselin		
CPSY 6658	Career Counseling, Testing and Planning ¹	1
CPSY 6659	Job Search Strategies ¹	2
Appraisal		
CPSY 6664	Psychological Assessment: Measurement and Test Evaluation ¹	1
CPSY 6665	Psychological Assessment: Personality Evaluation and Report Writing ¹	2
Family		
CPSY 6672	Marriage and Family: Systems and Theory ¹	2
CPSY 6673	Workshop in Marital Therapy ¹	2
Social and Cultur	al Foundations	
CPSY 6683	Social and Cultural Foundations ¹	2
CPSY 6684	Workshop in Counseling the Diverse Populations ¹	1
Human Growth ar		
Select two of the	following:	4
CPSY 6646	Human Development: Infancy and Childhood	
CPSY 6647	Human Development: Adolescence	
CPSY 6648	Human Development: Adulthood	
Substance Abuse		
CPSY 6550	Addiction and the Family ¹	2
CPSY 6551	Alcohol and Other Substances of Abuse 1	2
Practical Experies	nce and Internship	
	lit hours of the following: ²	7
CPSY 6690	Supervised Field Experience in Mental Health I	
CPSY 6691	Supervised Field Experience in Mental Health II	
Research Develop	oment and Utilization ³	
Select one of the	following tracks: 1	3-7
Track A: Non-tl	hesis option	
CPSY 6606	Methods of Research	
CPSY 6635	Research in Counseling and Psychotherapy	
Track B		
CPSY 6606	Methods of Research	
CPSY 6635	Research in Counseling and Psychotherapy	
CPSY 6688	Master's Thesis	
Elective Courses		
Select courses fo	r a total minimum of 60 credits of the following:	5-9
CPSY 6510	The Physiology and Pharmacology of Psychotherapeutic Drugs	
CPSY 6580	Psychology of Women	
CPSY 6585	Grief and Loss	
CPSY 6600	Independent Study	
CPSY 6616	Stress Management	
CPSY 6619	Substance Related Disorders: Application of Theory	
CPSY 6621	Brief Counseling and Psychotherapy	
CPSY 6638	Problems in Counseling and Psychotherapy	
CPSY 6649	Human Sexuality	
CPSY 6653	Behavior Disorders of Childhood	
CPSY 6687	Readings in Clinical Psychology	
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CPSY 6693	Supervised Field Experience in Human Services,
	Student Personnel, Supervision, Teaching and
	Research

Total Hours 60

- ¹ Indicates program core requirement.
- A background check is required of all students prior to going out on placement.
- ³ Credit hours are counted as elective credit.

Concentrations

Subspecialty Tracks

The subspecialty tracks allow students to develop special expertise in psychological approaches to understand and treat specific populations. Students who enroll in a subspecialty track complete the core courses required of all students. In addition, they complete a series of classes in the subspecialty and acquire clinical experience relevant to the area. A concentration is **not** required to graduate from the program.

Courses required for a Child Subspecialty are as follows:

Code	Title	Hours
Core Courses		
CPSY 6646	Human Development: Infancy and Childhood	2
CPSY 6647	Human Development: Adolescence	2
CPSY 6664	Psychological Assessment: Measurement and Test Evaluation	1
Eelctive Courses		
CPSY 6560	Principles of Behavior Therapy	2
CPSY 6650	Introduction to Art Therapy	2
CPSY 6653	Behavior Disorders of Childhood	2
CPSY 6655	Theory and Practice of Play Therapy with Children	n 2
Clinical Field Plac	cement ¹	
CPSY 6690	Supervised Field Experience in Mental Health I	1-6
or CPSY 6691	Supervised Field Experience in Mental Health II	
Total Hours		14-19

¹ In a setting treating children and adolescents

Courses required for a Marriage and Family Subspecialty are as follows:

Code	Title	Hours
Core Courses		
CPSY 6550	Addiction and the Family	2
CPSY 6551	Alcohol and Other Substances of Abuse	2
CPSY 6648	Human Development: Adulthood	2
CPSY 6672	Marriage and Family: Systems and Theory	2
CPSY 6673	Workshop in Marital Therapy	2
Electives		
CPSY 6580	Psychology of Women	2
CPSY 6649	Human Sexuality	2
Clinical Field Placement ¹		
CPSY 6690	Supervised Field Experience in Mental Health I	1-6
or CPSY 6691	Supervised Field Experience in Mental Health II	

Total Hours 15-20

Courses required for an Addictions Subspecialty are as follows:

Code	Title	Hours
Core Courses		
CPSY 6550	Addiction and the Family	2
CPSY 6551	Alcohol and Other Substances of Abuse	2
CPSY 6648	Human Development: Adulthood	2
Electives		
CPSY 6510	The Physiology and Pharmacology of Psychotherapeutic Drugs	2
CPSY 6616	Stress Management	2
CPSY 6619	Substance Related Disorders: Application of Theory	2
CPSY 6649	Human Sexuality	2
Clinical Field Replacement ¹		
CPSY 6690	Supervised Field Experience in Mental Health I	1-6
or CPSY 6691	Supervised Field Experience in Mental Health II	
Total Hours		15-20

In a setting serving families and couples. Supervision must be provided by a Certified Alcohol and Drug Counselor.

Declaring a subspecialty is not a requirement.

Quarter Curriculum

Organized by Licensure Category. The Clinical Psychology program requires 90 quarter credit hours at minimum for graduation.

Code	Title	Hours
Group		
MCP 6516	Group Process ¹	2
MCP 6633	Group Counseling and Psychotherapy ¹	3
Professional Prac	ctice, Ethics and Law	
MCP 6601	Professional, Ethical and Legal Issues in Counseling I ¹	3
MCP 6602	Professional, Ethical and Legal Issues in Counseling II ¹	2
Psychopathology	,	
MCP 6603	Clinical Interviewing and DSM ¹	3
MCP 6651	Maladaptive Behavior and Psychopathology ¹	3
Counseling Techn	niques	
Select two of the	following:	4-6
MCP 6560	Principles of Behavior Modification	
MCP 6607	Counseling Laboratory	
MCP 6620	Cognitive Therapy	
MCP 6621	Brief Counseling and Psychotherapy	
MCP 6650	Introduction to Art Therapy	
MCP 6653	Behavior Disorders of Childhood	
MCP 6655	Theory and Practice of Play Therapy with Childre	n
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Counseling Theory

¹ In a setting treating families and couples.

MCP 6629	Theory and Practice of Counseling and Psychotherapy ¹	3
MCP 6630	Theory and Techniques of Counseling and Psychotherapy ¹	3
Career Counseli	ng	
MCP 6658	Career Counseling, Testing and Planning ¹	2
MCP 6659	Job Search Strategies ¹	3
Appraisal		
MCP 6664	Psychological Assessment: Measurement and Test Evaluation ¹	2
MCP 6665	Psychological Assessment: Personality Evaluation and Report Writing ¹	1 3
Family		
MCP 6672	Marriage and Family: Systems and Theory ¹	3
MCP 6673	Workshop in Marital Therapy ¹	3
Social and Cultu	ıral Foundations	
MCP 6683	Social and Cultural Foundations ¹	3
MCP 6684	Workshop in Counseling the Diverse Populations ¹	2
Human Growth	and Development	
Select two of th	e following:	6
MCP 6646	Human Development: Infancy and Childhood	
MCP 6647	Human Development: Adolescence	
MCP 6648	Human Development: Adulthood	
Substance Abus	•	
MCP 6550	Addiction and the Family ¹	3
MCP 6551	Alcohol and Other Substances of Abuse 1	3
MCP 6619	Substance Related Disorders: Application of Theory	3
Practical Experi	ence and Internship	
Select 10 quarte	er credit hours of the following: ²	10
MCP 6690	Supervised Field Experience in Mental Health I	
MCP 6691	Supervised Field Experience in Mental Health II	
Research Devel	opment and Utilization	
	e following tracks:	7-9
	thesis option	
MCP 6606	Methods of Research ¹	
MCP 6635	Research in Counseling and Psychotherapy ¹	
Track B	riescaron in obansening and i sychotherapy	
MCP 6606	Methods of Research ¹	
MCP 6635	Research in Counseling and Psychotherapy ¹	
MCP 6688	Master's Thesis ³	
Elective Course		
	for a total minimum of 90 credits of the following:	7-11
MCP 6510	The Physiology and Pharmacology of Psychotherapeutic Drugs	7-11
MCP 6580	Psychology of Women	
MCP 6585	Grief and Loss	
MCP 6600	Independent Study	
MCP 6616		
	Stress Management	
MCP 6619	Substance Related Disorders: Application of Theory	
MCP 6621	Brief Counseling and Psychotherapy	
MCP 6638	Problems in Counseling and Psychotherapy	

MCP 6649	Human Sexuality
MCP 6653	Behavior Disorders of Childhood
MCP 6687	Readings in Counseling Psychology
MCP 6693	Supervised Field Experience in Human Services, Student Personnel, Supervision, Teaching and Research

Total Hours 86-94

Concentrations

Subspecialty Tracks

The subspecialty tracks allow students to develop special expertise in psychological approaches to understand and treat specific populations. Students who enroll in a subspecialty track complete the core courses required of all students. In addition, they complete a series of classes in the subspecialty and acquire clinical experience relevant to the area. A concentration is not required to graduate from the program.

Courses required for a Child Subspecialty are as follows:

Code	Title	Hours
Core Courses		
MCP 6646	Human Development: Infancy and Childhood	3
MCP 6647	Human Development: Adolescence	3
MCP 6664	Psychological Assessment: Measurement and Test Evaluation	2
Elective Courses		
MCP 6560	Principles of Behavior Modification	3
MCP 6650	Introduction to Art Therapy	3
MCP 6653	Behavior Disorders of Childhood	3
MCP 6655	Theory and Practice of Play Therapy with Childre	n 3
Clinical Field Placement ¹		
MCP 6690	Supervised Field Experience in Mental Health I	1-6
or MCP 6691	Supervised Field Experience in Mental Health II	
Total Hours		21-26

¹ In a setting treating children and adolescents

Courses required for a Marriage and Family Subspecialty are as follows:

Code	Title	Hours
Core Courses		
MCP 6550	Addiction and the Family	3
MCP 6551	Alcohol and Other Substances of Abuse	3
MCP 6648	Human Development: Adulthood	3
MCP 6672	Marriage and Family: Systems and Theory	3
MCP 6673	Workshop in Marital Therapy	3
Electives		
MCP 6580	Psychology of Women	3
MCP 6649	Human Sexuality	3
Clinical Field Placement ¹		
MCP 6690	Supervised Field Experience in Mental Health I	1-6

¹ Indicates program core requirement.

A background check is required of all students prior to going out on placement.

3 Credit hours are counted as elective credit.

or MCP 6691	Supervised Field Experience in Mental Health II	
Total Hours		22-27

In a setting treating families and couples.

Courses required for an Addictions Subspecialty are as follows:

Code	Title	Hours
Core Courses		
MCP 6550	Addiction and the Family	3
MCP 6551	Alcohol and Other Substances of Abuse	3
MCP 6648	Human Development: Adulthood	3
Electives		
MCP 6510	The Physiology and Pharmacology of Psychotherapeutic Drugs	3
MCP 6616	Stress Management	3
MCP 6619	Substance Related Disorders: Application of Theory	3
MCP 6649	Human Sexuality	3
Clinical Field Placement ¹		
MCP 6690	Supervised Field Experience in Mental Health I	1-6
or MCP 6691	Supervised Field Experience in Mental Health II	
Total Hours		22-27

In a setting serving families and couples. Supervision must be provided by a Certified Alcohol and Drug Counselor.

Declaring a subspecialty is not a requirement.

Courses Clinical Psychology - CPSY

CPSY 6510 The Physiology and Pharmacology of Psychotherapeutic Drugs. This course introduces students to the physiological, pharmacological and psychological concepts basic to an understanding of the clinical use of psychotherapeutic drugs. Prerequisite: Degree seeking student in the Clinical Psychology Program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6516 Group Process. Group dynamics and processes are studied experientially and conceptually. Emphasis is on understanding learning process in groups. Prerequisite: CPSY 6633 1 semester credit hour/s. Campus: LISLE

CPSY 6550 Addiction and the Family. This course is an introduction to the family as a dynamic system focusing on the effects of addiction pertaining to family roles, rules and behavior patterns. The impact of mood-altering substances and behaviors and therapeutic alternatives as they relate to the family will be discussed. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s. Campus: LISLE

CPSY 6551 Alcohol and Other Substances of Abuse. This course focuses on the examination of substance abuse and dependence disorders along with relevant research, theory, assessment, and treatment approaches. Major classes of abused drugs will be discussed along with multicultural, traditional, and nonpsychologically based approaches to prevention and treatment. Prerequisite: Degree seeking students in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6560 Principles of Behavior Therapy. The principles of behavior therapy are studied in depth: examination of techniques derived from behavioral principles; and application to specific problems. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6580 Psychology of Women. This course examines theory on the psychology of women and its applications developed through clinical work and research with women. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6585 Grief and Loss. This course examines the process a person experiences as the result of unanticipated or expected life losses.

Cultural and cohort differences in grieving styles are explored. A skills component is included to facilitate learning. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6600 Independent Study. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-4 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 4. Department Consent Required.

Campus: LISLE

CPSY 6601 Professional, Ethical and Legal Issues in Counseling

I. The course introduces students to professional, legal, and ethical responsibilities relating to professional counseling especially as related to Illinois law. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6602 Professional, Ethical and Legal Issues in Counseling II. This course will continue the exploration and discussion of ethical and legal considerations in the practice of counseling. Prerequisite: CPSY 6601. Degree seeking student in the Clinical Psychology program. 1 semester credit hour/s.

Campus: LISLE

CPSY 6603 Clinical Interviewing and DSM. This course introduces the student to the current diagnostic and statistical manual and its use. In addition, students practice doing the clinical interview with the purpose of gathering the specific information needed to diagnose and plan treatment. Prerequisite: Undergraduate Abnormal Psychology course and Degree Seeking Student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6606 Methods of Research. This course is an overview of research design, collection and reporting of data, interpretation of findings and inferential procedures. Prerequisite: Degree seeking student in the Clinical Psychology program 2 semester credit hour/s.

CPSY 6607 Counseling Laboratory. This course provides empathy training exercises with an emphasis on the therapist's conscious use of the language of emotions and attitudes. Role-play with couples, difficult clients, special situations and therapeutic techniques are practiced. Prerequisite: CPSY 6629. Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6616 Stress Management. This course examines stress theories of disease, beneficial aspects of stress, life change, health behavior change, and techniques of stress management. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s. Campus: LISLE

CPSY 6619 Substance Related Disorders: Application of Theory. This course is an integration and application course of prior content taught in CPSY 6510, 6550 and 6551. This course will review clinical skills required to function as a Certified Addictions Counselor. Throughout this course the student will be required to provide the rationale for their choice of treatment, examining specific scientific rationales. Research investigations will provide the basis of treatment for hypothetical patients. ASAM criteria will guide assessment choices for placement and treatment. Prerequisites: CPSY 6510, 6550, 6551 2 semester credit hour/

Campus: LISLE

CPSY 6620 Cognitive Therapy. (Formerly 620) This course provides a survey of a variety of cognitive/behavioral approaches to psychotherapy. Modern techniques (DBT and ACT) will be linked to earlier theories in both cognitive (Adler, Kelly, etc.) and behavioral (Skinner, Pavlov, etc.) psychology. Students will be given the opportunity to apply the various techniques and theories to clinical material and will be expected to present and analyze cases within a cognitive-behavioral framework. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6621 Brief Counseling and Psychotherapy. The student is introduced to theories underlying the brief counseling and psychotherapy model. Role-play situations are used to facilitate learning. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6622 Dialectical Behavior Therapy. This course presents a broadbased cognitive behavioral treatment which helps students to acquire therapeutic skills and attitudes. The course will put special emphasis on core mindfulness skills, emotion regulation skills, interpersonal effectiveness skills, and distress tolerance skills. Students will receive DBT training through in class role plays and targeted exercises for skill building. 2 semester credit hour/s.

Campus: LISLE

CPSY 6629 Theory and Practice of Counseling and

Psychotherapy. Students receive training in client-centered therapy, including recordings of simulated counseling sessions with individual playback consultations. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6630 Theory and Techniques of Counseling and

Psychotherapy. Theories and techniques of a sampling of major approaches to counseling and psychotherapy are explored. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6633 Group Counseling and Psychotherapy. Fundamental concepts and skills of group psychotherapy are examined. Prerequisites: CPSY 6629, Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6635 Research in Counseling and Psychotherapy. Studies in the field of counseling and psychotherapy, its practitioners, its processes, and its efficacy are critically reviewed in terms of both findings and methods and as illustrations of different design approaches to the understanding of psychotherapy. Prerequisite: CPSY 6606. Degree seeking student in the Clinical Psychology program. 1 semester credit hour/s.

Campus: LISLE

CPSY 6638 Problems in Counseling and Psychotherapy. This course is designed for individual and group study of selected problems and issues. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-4 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 4. Department Consent Required.

Campus: LISLE

CPSY 6646 Human Development: Infancy and Childhood. This course presents basic concepts of the developmental perspective and reviews the physical, psychological, and social development of the child from birth to puberty. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6647 Human Development: Adolescence. This course examines the range of development that occurs in adolescence. Discussions and readings focus on the major physical, social, cognitive, and emotional changes that occur during this phase of life. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6648 Human Development: Adulthood. Students will examine the developmental issues surrounding early, middle, and late adulthood. The course will focus on the physical, emotional, and intellectual changes that occur as one progresses through adult life. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6649 Human Sexuality. This course examines human sexual development and the nature, assessment, and treatment of sexual problems. Sexual desire disorders will be addressed, and the value of sexual therapy intervention for couples will be explored. Sexual issues will be approached from intra-psychic and interpersonal perspectives. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6650 Introduction to Art Therapy. To introduce the use of art in counseling clients of all ages. To explore the use of art as a metaphor for human issues and concerns. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6651 Maladaptive Behavior and Psychopathology. The etiology, dynamics, and treatment of pathological behavior will be studied with an emphasis on the relationship between personality disorders and co-occurring disorders. Prerequisite: Degree seeking student in the Clinical Psychology program, CPSY 6603, and CPSY 6690 or CPSY 6691 concurrent. 2 semester credit hour/s.

CPSY 6653 Behavior Disorders of Childhood. Theoretical and methodological issues in behavior disorders of childhood are studied in this course using clinical and research data. Readings and discussions will give consideration to assessment and treatment approaches. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6655 Theory and Practice of Play Therapy with Children. This course explores the concept of play as a therapeutic modality and the major theories of psychotherapy and how those theories form the foundation for specific play therapy techniques and interventions. An analysis of appropriate application and strategic utilization of techniques that further the processing of client material will be explored. Prerequisites: Degree seeking student in the Clinical Psychology program and CPSY 6646 and CPSY 6630. 2 semester credit hour/s.

Campus: LISLE

CPSY 6658 Career Counseling, Testing and Planning. Occupational and educational information and issues in career planning and development are studied with consideration of student's own career plan; laboratory practice. Prerequisite: Degree Seeking student in the Clinical Psychology program. 1 semester credit hour/s.

Campus: LISLE

CPSY 6659 Job Search Strategies. This course will focus on defining job search strategies for a competitive job market. Career development theories will be explored in a practical application. Prerequisite: Degree seeking student in the Clinical Psychology program and CPSY 6658. 2 semester credit hour/s.

Campus: LISLE

Campus: LISLE

CPSY 6664 Psychological Assessment: Measurement and Test Evaluation. This class provides an overview of the theory of psychological evaluation, clinical interview processes and utilization of interpretative data in assessing client needs. Prerequisite: CPSY 6603. Degree seeking student in the Clinical Psychology program. 1 semester credit hour/s.

CPSY 6665 Psychological Assessment: Personality Evaluation and Report Writing. This course provides an overview of major assessment instruments, interpretation of reports, and report writing. An introduction to projective techniques is included. Prerequisite: CPSY 6603. Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6672 Marriage and Family: Systems and Theory. Family systems theory is introduced. The works of major contributors of the field are studied. A skills component is included to enhance learning. Prerequisite: Degree seeking student in the Clinical Psychology program. 2 semester credit hour/s.

Campus: LISLE

CPSY 6673 Workshop in Marital Therapy. (Formerly 673) This course explores a range of approaches to brief couple and family therapy. Conceptual and self-observation skills are emphasized in the critique of student-designed, role-played interventions. Part of the course centers on client centered approaches to working with clients. Prerequisite: Degree seeking student in the Clinical Psychology program, CPSY 6629. 2 semester credit hour/s.

Campus: LISLE

CPSY 6683 Social and Cultural Foundations. (Formerly 683) This course explores issues and trends in a pluralistic society. Areas covered include issues associated with factors such as age, race, religious preference, physical disability, sexual orientation, ethnicity and culture, gender and socioeconomic status. Ethical implications and considerations are examined. Prerequisites: Degree seeking student in the Clinical Psychology program, CPSY 6601 and CPSY 6629. 2 semester credit hour/s

Campus: LISLE

CPSY 6684 Workshop in Counseling the Diverse Populations. This course explores approaches in working with culturally diverse populations. The therapist's own ethnic and cultural factors are also considered. Conceptual and self-observation skills are practiced in the critique of role-played counseling sessions. Prerequisites: Degree seeking student in the Clinical Psychology program, CPSY 6629 and CPSY 6683. 1 semester credit hour/s.

Campus: LISLE

CPSY 6687 Readings in Clinical Psychology. Readings in Theories of Personality, Readings in Psychopathology, or Readings in Psychotherapy Research. Individual or group study is carried out in one of the above areas. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-4 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 4. Department Consent Required.

Campus: LISLE

CPSY 6688 Master's Thesis. Students are supervised during the conceptualization, execution, data analysis, and formal written presentation of a research project. Prerequisite: Degree Seeking student in the Clinical Psychology program. 2-4 semester credit hour/s. Department Consent Required.

Campus: LISLE

CPSY 6690 Supervised Field Experience in Mental Health I. This is the first student internship/practicum experience. Students serve their internship at agencies, hospitals, and other social service sites with a focus on providing counseling to clients. Students receive weekly supervision on site. Students enroll in this class to register for their first field placement. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-6 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 8. Department Consent Required.

Campus: LISLE

CPSY 6691 Supervised Field Experience in Mental Health II. This is the second student internship experience and continues the student's experience in counseling clients. Supervision by the agency staff is provided. Students enroll in this class to register for their second field placement. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-6 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 8. Department Consent Required.

Campus: LISLE

CPSY 6693 Supervised Field Experience in Human Services, Student Personnel, Supervision, Teaching and Research. This is a non-clinical field placement. Students gain experience in their area of interest which may include teaching assistance, research, crises line work, career counseling, and other options. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-6 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 6. Department Consent Required.

CPSY 6696 Clinical Psychology Seminar. Clinical Psychology seminar presents the student with a comprehensive review of theories, theorists, concepts, and skills addressed in the MSCP program. This class will refresh student learning in preparation for graduation, licensing, and entering the profession. 1 semester credit hour/s. Course Repeatable. Maximum number of units allowed: 2.

Campus: LISLE

Clinical Psychology - MCP

MCP 6510 The Physiology and Pharmacology of Psychotherapeutic Drugs. (Formerly 510) This course introduces students to the physiological, pharmacological, and psychological concepts basic to an understanding of the clinical use of psychotherapeutic drugs. Prerequisite: Degree seeking student in the Clinical Psychology Program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6516 Group Process. (Formerly 516) Group dynamics and processes are studied experientially and conceptually. Emphasis is on understanding learning processes in groups. Prerequisite: MCP 6633 and degree seeking student in the Clinical Psychology program. 2 quarter credit hour/s.

Campus: LISLE

MCP 6550 Addiction and the Family. (Formerly 550) This course is an introduction to the family as a dynamic system focusing on the effects of addiction pertaining to family roles, rules and behavior patterns. The impact of mood altering substances and behaviors and therapeutic alternatives as they relate to the family will be discussed. This course is designed to prepare students to work with family members in the treatment of addiction. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6551 Alcohol and Other Substances of Abuse. (Formerly 551) This course focuses on the examination of substance abuse and dependence disorders along with relevant research, theory, assessment, and treatment approaches. Major classes of abused drugs will be discussed along with multicultural, traditional, and nonpsychologically based approaches to prevention and treatment. Prerequisite: Degree seeking students in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6560 Principles of Behavior Modification. (Formerly 560) The principles of behavior therapy are studied in depth: examination of techniques derived from behavioral principles; application to specific problems. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6580 Psychology of Women. (Formerly 580) This course examines theory on the psychology of women and its applications developed through clinical work and research with women. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/

Campus: LISLE

MCP 6585 Grief and Loss. (Formerly 585) This course examines the process a person experiences as the result of unanticipated or expected life losses. Cultural and cohort differences in grieving styles are explored. A skills component is included to facilitate learning. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/

Campus: LISLE

MCP 6600 Independent Study. (Formerly 600) Prerequisite: Degree seeking student in the Clinical Psychology program. 1-6 quarter credit hour/s. Course Repeatable. Maximum number of units allowed: 6. Department Consent Required.

Campus: LISLE

MCP 6601 Professional, Ethical and Legal Issues in Counseling

I. (Formerly 601) The course introduces students to professional, legal and ethical responsibilities relating to professional counseling especially as related to Illinois law. Pre-requisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6602 Professional, Ethical and Legal Issues in Counseling II. (Formerly 602) This course will continue the exploration and

discussion of ethical and legal considerations in the practice of counseling. Prerequisite: MCP 6601. Degree seeking student in the Clinical Psychology program. 2 quarter credit hour/s.

Campus: LISLE

MCP 6603 Clinical Interviewing and DSM. (Formerly 603) This course introduces the student to the current diagnostic and statistical manual and its use. In addition, students practice doing the clinical interview with the purpose of gathering the specific information needed to diagnose and plan treatment. Prerequisite: Undergraduate Abnormal and Degree Seeking Student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6606 Methods of Research. (Formerly 606) This course is an overview of research design, collection and reporting of data, interpretation of findings and inferential procedures. Prerequisite: Undergraduate statistics or proficiency exam. Degree seeking student in the Clinical Psychology program 3 quarter credit hour/s.

Campus: LISLE

MCP 6607 Counseling Laboratory. (Formerly 607) This course provides empathy training exercises with an emphasis on the therapist's conscious use of the language of emotions and attitudes. Role-play with couples, difficult clients, special situations and therapeutic techniques are practiced. Pre-requisite: MCP 6629. Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE (Typically Offered: Winter Term)

MCP 6616 Stress Management. (Formerly 616) This course examines stress theories of disease, beneficial aspects of stress, life change, health behavior change and techniques of stress management. Pre-requisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6619 Substance Related Disorders: Application of Theory. (Formerly 619) This course is an integration and application course of prior content taught in MCP 6510, 6550 and 6551. This course will review clinical skills required to function as a Certified Addictions Counselor. Throughout this course the student will be required to provide the rationale for their choice of treatment, examining specific scientific rationales. Research investigations will provide the basis of treatment for hypothetical patients. ASAM criteria will guide assessment choices for placement and treatment. 3 quarter credit hour/s. Department Consent Required.

Campus: LISLE (Typically Offered: Spring Term)

MCP 6620 Cognitive Therapy. (Formerly 620) This course provides a survey of a variety of cognitive/behavioral approaches to psychotherapy. Modern techniques (such as ACT, DBT) will be linked to earlier theories in both cognitive (Adler Kelly, etc.) and behavioral (Skinner, Pavlov, etc.) psychology. Students will be given the opportunity to apply the various techniques and theories to clinical material and will be expected to present and analyze cases within a cognitive-behavioral framework. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6621 Brief Counseling and Psychotherapy. (Formerly 621) The student is introduced to theories underlying the brief counseling and psychotherapy model. Role-play situations are used to facilitate learning. Pre-requisite: Degree seeking student in the Clinical Psychology program. 2 quarter credit hour/s.

Campus: LISLE

MCP 6629 Theory and Practice of Counseling and

Psychotherapy. (Formerly 629) Students receive training in client-centered therapy, including recordings of simulated counseling sessions with individual playback consultations. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s. **Campus:** LISLE

MCP 6630 Theory and Techniques of Counseling and

Psychotherapy. (Formerly 630) Theories and techniques of a sampling of major approaches to counseling and psychotherapy are explored. Prerequisite: Degree seeking student in the Clinical Psychology program 3 quarter credit hour/s.

Campus: LISLE

MCP 6633 Group Counseling and Psychotherapy. (Formerly 633) Fundamental concepts and skills of group psychotherapy are examined. Prerequisites: MCP 6629, Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6635 Research in Counseling and Psychotherapy. (Formerly 635) Studies in the field of counseling and psychotherapy, its practitioners, its processes and its efficacy are critically reviewed in terms of both findings and methods and as illustrations of different design approaches to the understanding of psychotherapy. Prerequisite: MCP 6606. Degree seeking student in the Clinical Psychology program. 2 quarter credit hour/s. Campus: LISLE

MCP 6638 Problems in Counseling and Psychotherapy. (Formerly 638) This course is designed for individual and group study of selected problems and issues. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-4 quarter credit hour/s. Course Repeatable. Maximum number of units allowed: 4. Department Consent Required.

Campus: LISLE

MCP 6646 Human Development: Infancy and Childhood. (Formerly 646) This course presents basic concepts of the developmental perspective and reviews the physical, psychological and social development of the child from birth to puberty. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6647 Human Development: Adolescence. (Formerly 647) This course examines the range of development that occurs in adolescence. Discussions and readings focus on the major physical, social, cognitive and emotional changes that occur during this phase of life. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6648 Human Development: Adulthood. (Formerly 648) Students will examine the developmental issues surrounding early, middle and late adulthood. The course will focus on the physical, emotional and intellectual changes that occur as one progresses through adult life. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6649 Human Sexuality. (Formerly 649) This course examines human sexual development and the nature, assessment and treatment of sexual problems. Sexual desire disorders will be addressed, and the value of sexual therapy intervention for couples will be explored. Sexual issues will be approached from intra-psychic and interpersonal perspectives. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE (Typically Offered: Fall Term)

MCP 6650 Introduction to Art Therapy. (Formerly 650) To introduce the use of art in counseling clients of all ages. To explore the use of art as a metaphor for human issues and concerns. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s. Campus: LISLE (Typically Offered: Spring and Summer Terms)

MCP 6651 Maladaptive Behavior and Psychopathology. (Formerly 651) The etiology, dynamics and treatment of pathological behavior will be studied with an emphasis on the relationship between personality disorders and co-occurring disorders. Prerequisite: Degree seeking student in the Clinical Psychology program, MCP 6603, and MCP 6690 or MCP 6691 concurrent. 3 quarter credit hour/s.

Campus: LISLE

MCP 6653 Behavior Disorders of Childhood. (Formerly 653) Theoretical and methodological issues in behavior disorders of childhood are studied in this course using clinical and research data. Readings and discussions will give consideration to assessment and treatment approaches. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6655 Theory and Practice of Play Therapy with Children. (Formerly 655) This course explores the concept of play as a therapeutic modality and the major theories of psychotherapy and how those theories form the foundation for specific play therapy techniques and interventions. An analysis of appropriate application and strategic utilization of techniques that further the processing of client material will be explored. Prerequisites: Degree seeking student in the Clinical Psychology program and MCP 6646 and MCP 6630. 3 quarter credit hour/s.

Campus: LISLE

MCP 6658 Career Counseling, Testing and Planning. (Formerly 658) Occupational and educational information and issues in career planning and development are studied with consideration of student's own career plan; laboratory practice. Prerequisite: Degree Seeking student in the Clinical Psychology program. 2 quarter credit hour/s.

MCP 6659 Job Search Strategies. (Formerly 659) This course will focus on defining job search strategies for a competitive job market. Career development theories will be explored in a practical application. Prerequisite: Degree seeking student in the Clinical Psychology program and MCP 6658. 3 quarter credit hours. 3 quarter credit hour/s.

Campus: LISLE

MCP 6664 Psychological Assessment: Measurement and Test

Evaluation. (Formerly 664) This class provides an overview of the theory of psychological evaluation, clinical interview processes and utilization of interpretative data in assessing client needs. Prerequisite: MCP 6603. Degree seeking student in the Clinical Psychology program. 2 quarter credit hour/s.

Campus: LISLE

MCP 6665 Psychological Assessment: Personality Evaluation and Report Writing. (Formerly 665) This course provides an overview of major assessment instruments, interpretation of reports and report writing. An introduction to projective techniques is included. Prerequisite: MCP 6603. Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6672 Marriage and Family: Systems and Theory. (Formerly 672) Family systems theory is introduced. The works of major contributors of the field are studied. A skills component is included to enhance learning. Prerequisite: Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

Campus: LISLE

MCP 6673 Workshop in Marital Therapy. (Formerly 673) This course explores a range of approaches to brief couple and family therapy. Conceptual and self-observation skills are emphasized in the critique of student-designed, role-played interventions. Part of the course centers on client centered approaches to working with clients. Prerequisite: MCP 6629. Degree seeking student in the Clinical Psychology program. 3 quarter credit hour/s.

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Campus: LISLE

Campus: LISLE

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Campus: LISLE

MCP 6688 Master's Thesis. (Formerly 688) Students are supervised during the conceptualization, execution, data analysis and formal written presentation of a research project. Prerequisite: Degree Seeking student in the Clinical Psychology program. 2-4 quarter credit hour/s. Department Consent Required.

Campus: LISLE

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Campus: LISLE

MCP 6691 Supervised Field Experience in Mental Health II. (Formerly 691) This is the second student internship experience and continues the student's experience in counseling clients. Supervision by the agency staff is provided. Students enroll in this class to register for their second field placement. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-6 quarter credit hour/s. Course Repeatable. Maximum number of units allowed: 12. Department Consent Required.

Campus: LISLE

MCP 6693 Supervised Field Experience in Human Services, Student Personnel, Supervision, Teaching and Research. (Formerly 693) This is a non-clinical field placement. Students gain experience in their area of interest which may include teaching assistance, research, crises line work, career counseling and other options. Prerequisite: Degree seeking student in the Clinical Psychology program. 1-6 quarter credit hour/s. Course Repeatable. Maximum number of units allowed: 6. Department Consent Required.

Campus: LISLE

MCP 6696 Clinical Psychology Seminar. (Formerly 696) Clinical Psychology seminar presents the student with a comprehensive review of theories, theorists, concepts and skills addressed in the MCP program. This class will refresh student learning in preparation for graduation, licensing and entering the profession. 1 quarter credit hour/s. Course Repeatable. Maximum number of units allowed: 2.

Campus: LISLE (Typically Offered: Winter and Summer Terms)

Faculty

Our faculty do not simply lecture, they involve you. In the classroom, you will be guided through a learning environment that builds as much on your own experience and understanding as on theirs. Most importantly, they couple exemplary credentials with up-to-date knowledge, keeping them at the cutting edge of their professions and their disciplines.

Faculty

Dianne R. Moran (1986), Ph.D., L.C.P.C.
Program Director, Clinical Psychology
Associate Professor, Psychology
Ph.D. 1988, University of Notre Dame
M.A. 1984, University of Notre Dame
B.A. 1979, University of Illinois at Chicago

Brian Patterson (2007), Ph.D.Department Chair, Clinical Psychology
Associate Professor, Psychology

Ph.D. 2007, DePaul University M.A. 2003, DePaul University B.A. 1990, University of Mount Union

Patricia Somers (2013), PhD., L.C.P.C. Clinical Psychology Associate Professor, Psychology Ph.D. Walden University M.A. 1994, Liberty University B.A. 1969, University of Illinois, Champaign

Objectives

Students in the Masters of Clinical Psychology program will achieve the following student learning outcomes (SLO):

Student Learning Outcome 1: Evaluate and utilize current research related to clinical practice

• University SLO: 2. Critical and creative thinking; 1. Disciplinary Competence and Skills

Student Learning Outcome 2: Utilize ethical decision-making in clinical practice

• University SLO: 2. Critical and creative thinking; 7. Civic Engagement and Social Responsibility

Student Learning Outcome 3: Apply multiculturally appropriate counseling skills with diverse client populations

• University SLO: 6. Global Awareness and Cultural Competence

Student Learning Outcome 4: Apply developmental theory and research to human subjects

• University SLO: 2. Critical and creative thinking; 1. Disciplinary Competence and Skills